ERRT Consultation

Consultation is highly recommended when beginning to use ERRT. Consultation may be provided to individuals who have attended a 1-2 day training by a certified ERRT trainer.

Consultation is also required for becoming a certified ERRT provider. Consultation will be held via weekly phone calls to be arranged with the consultant.

There are three options for consultation.

Individuals working in the VA may be eligible for free consultation from Dr. Noelle Balliett, with up to 5 individuals may be on a consultation call at a time.

- Dr. Balliett: Noelle.Balliett2@va.gov;
  (253) 583-3571

Consultation with Dr. Joshua Friedlander is open anyone utilizing the ERRT protocol. Consultation fees are $100 per hour and up to 5 individuals may be on a consultation call at a time.

- Dr. Friedlander: joshua.n.friedlander.civ@mail.mil;
  (301) 400-2106

Consultation with Dr. Joanne Davis is open to anyone utilizing the ERRT protocol. Consultation fees are $100 per hour and up to 5 individuals may be on a consultation call at a time.

- Dr. Davis: joanne-davis@utulsa.edu;
  (918) 631-2875
ERTT Certification

ERTT providers may become Certified Providers and listed on the ERRT website, www.nightmaretreatment.org. Guidelines for becoming certified include:

- Professional licensure as a mental health professional
  - Pre-certification is available for individuals in training as mental health professionals.
- Completion of a 1-2 day training provided by a Certified ERRT trainer.
- Complete 4 individual cases or 2 groups (group, individual, or combination)
  - Weekly assessment of cases required to include PTSD symptoms, and frequency and severity of nightmares
- Participate in a minimum of 10 hours [more hours may be required at the discretion of the consultant] of consultation with a Certified ERRT Consultant, completed within a six month time period.